



Moving with kids: 10 ways to make the move easier on them (and you)

Kids handle a move better when they know what's happening, have a job to do and find their own things on night one. Here's how, from the first conversation to the first bedtime.

- ☐ **Told the kids early, with the reason; made room for sad**
- ☐ **Showed them the new home, street, park and school (in person or photos)**
- ☐ **Offered real choices: room, paint color, furniture layout, what to donate**
- ☐ **Each child packed and decorated their own box; their room packed last**
- ☐ **Routines kept: meals, bedtime, weekend rituals; no other big changes stacked on**
- ☐ **New school contacted; enrollment documents and record copies in hand**
- ☐ **Moving-day plan for the kids: a sitter, a grandparent or a quiet packed room**
- ☐ **Dressers, bookcases and TVs anchored before kids roam the new house**
- ☐ **Outlets, stairs, cleaning supplies, medicines and windows childproofed**
- ☐ **First-night box per child; their bed set up first; baby's crib bare**
- ☐ **Smoke alarms tested; fire escape plan walked through with the kids**
- ☐ **Goodbyes said; video calls set up; a new club, team or class booked**



Read the full post with the why behind each tip:

<https://movebuddy-ai.com/blog/moving-with-kids>

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