



The first-night box: what to pack so night one isn't a scavenger hunt

One box per person, packed last, loaded last and carried in by you.
Everything you need from the moment the truck leaves until you're ready to unpack the rest.

- ☐ **Prescription meds (a week's worth), glasses, contacts, inhalers: in your bag**
- ☐ **One small first-night box or bag per person, one per pet, one for the house**
- ☐ **Two box cutters, screwdriver, bed-frame bolts and Allen key, flashlight, tape, power strip**
- ☐ **Phone and laptop chargers, battery pack, router and modem if installing on day one**
- ☐ **Sheets, pillow and blanket for each bed; crib or play yard set up bare**
- ☐ **Toilet paper, soap, towels, toothbrushes, shower curtain and rings, plunger**
- ☐ **No-cook food, water, paper plates, can opener, coffee setup**
- ☐ **Documents, keys, IDs, bill of lading, jewelry and valuables in the car**
- ☐ **Kids' bedtime kit: pajamas, night-light, stuffed animal, favorite book**
- ☐ **Pet kit: food, bowls, litter, leash, meds, bed; one quiet room set up first**
- ☐ **First-night boxes marked on all sides in their own color; loaded last**
- ☐ **Smoke alarms tested on night one**



Read the full post with the why behind each tip:
<https://movebuddy-ai.com/blog/first-night-box>
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